2023 Boys Varsity Cross Country Season Recap

The 2023 season was arguably the most successful in Stratford Boys Cross Country history. In eight meets Stratford posted three victories and placed in the Top 4 four other times. This included a dominant performance in winning the Region 6 AAA Championship and a third place finish in the GIAA State Championship. The team was led by seniors, Zane Harley (Region Champion, All State, and All Region) and Jude Burgess (All State, All Region). Junior Wes Flournoy (All Region), senior Jack Harrington (All Region), and freshman Josh Dreher (All Region) completed the usual Top 5. Ramzi Harley, Drew Pavlo, Jon Emory Hall, Drew Justice, and Alex Bethune all ran well while showing significant improvement during the season. They added all-important depth to the team. Janti Hajo and Malik McTyson battled injuries throughout the season, but showed promise when they were able to run. Though losing senior captains Burgess, Harley, and Harrington, the returning lettermen should form a very capable team in 2024.